

OFFICIAL RESULTS
 CUMBERLAND VALLEY ATHLETIC CLUB
 14th ANNUAL JOHN F. KENNEDY 50 MILE HIKE-RUN
 HELD SATURDAY NOVEMBER 20, 1976

644 ENTRIES
 542 STARTERS
 369 FINISHERS

PLACE	NAME	AGE	TIME
* 1.	Pat Gill (Richmond, Va.)	22	5:59:28
* 2.	Bruce Nystrom (Richmond, Va.)	38	6:28:52
* 3.	Angelo Gioiosa (Altoona, Pa.)	38	6:30:49
* 4.	Michael Hill (Baltimore, Md.)	27	6:54:14
* 5.	Jim Patterson (Easton, N.Y.)	35	7:07:34
* 6.	Karsten Schulz (Sykesville, Md.)	16	** 7:08:41
* 7.	Peter Monahan (Bethesda, Md.)	42	7:09:08
* 8.	Park Barner (Enola, Pa.)	32	7:11:14
* 9.	Tom Hamilton (Arlington, Va.)	29	7:21:01
* 10.	Doug Allen (Pattersonville, N.Y.)	36	7:23:04
11.	Don Muffley (Hagerstown, Md.)	40	7:32:37
12.	Bill Jackson (Hagerstown, Md.)	49	7:32:37
13.	Roger Caris (Herndon, Va.)	29	7:35:24
14.	Mike Adams (Pittsburgh, Pa.)	27	7:46:51
15.	Jim Shank (Sykesville, Md.)	28	7:56:24
16.	John Varney (St. Louis, Mo.), Naval Acad.	22	7:57:08
17.	Lave Raunig (Williamsburg, Va.), Naval Acad.	21	7:57:08
18.	Dave Niederhaus (El Toro, Calif.)	35	8:03:26
19.	James Ebberts (Funkstown, Md.)	30	8:04:57
20.	Paul Butchko (Greensburg, Pa.)	38	8:05:19
21.	Lanny Knight (Edgewater, Md.)	36	8:09:16
22.	John Kendall (Burlington, Ontario, Canada)	43	8:10:16
23.	Eddie Hayden (Wheaton, Md.), Montgomery College.	19	8:15:24
24.	Dave Frye (Brunswick, Md.)	22	8:18:01
25.	Tom Kirk, Waynesboro, Pa.)	17	8:19:19
26.	Rea Heatherington (Cherry Hill, N.J.), Naval Acad.	19	8:21:05
27.	Randy Koppenhaver (Silver Spring, Md.)	28	8:22:48
28.	Ray Bennett (Arlington, Va.)	31	8:23:52
29.	Don Heimiller (Baltimore, Md.)	45	8:24:12
30.	Chuck Fitz (Shady Grove, Pa.)	24	8:25:29
31.	Dennis Lem (San Francisco, Calif.)	33	8:26:19
32.	Chris Gunderson (Dayton, Ohio), Naval Acad.	21	8:27:47
33.	Andy Ede (Frederick, Md.)	27	8:29:54
34.	Martin Covington (Monkton, Md.)	18	8:29:55
35.	Gilbert Rave (Thurmont, Md.)	20	8:31:12
36.	Pat McClintic (Ft. Benning, Ga.)	41	8:32:03
37.	Jay Smith (Philadelphia, Pa.), Temple Univ.	23	8:32:59
38.	Thomas Hejl (Boca Raton, Fla.), Naval Acad.	21	8:35:09
39.	Joe Butchko (Pittsburgh, Pa.)	48	8:37:51
40.	Leonard "Si" Reddick (Union Bridge, Md.)	43	8:38:47
41.	Bob Henscheid (Annapolis, Md.)	38	8:39:58
42.	Brian Cronyn (Annapolis, Md.)	34	8:39:58
43.	David Brier (Philadelphia, Pa.)	35	8:41:49
44.	Eddie Reddick (Union Bridge, Md.)	53	8:42:36
45.	Leo Henry (Hagerstown, Md.)	48	8:44:43
46.	Raymond Schulze (Clifton, N.J.)	37	8:46:16
47.	Doug Hovland (Murrysville, Pa.), Naval Acad.	20	8:46:23
48.	Fred Marquardt (Westminster, Md.)	16	8:47:02
49.	Dave Miller (Greencastle, Pa.)	16	8:47:02
50.	Patrick Bristol (Peekskill, N.Y.), Naval Acad.	21	8:49:21

* Trophy Winners

** Scholastic Record

OFFICIAL RESULTS
CVAC 14th ANNUAL JFK 50 MILE
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PLACE	NAME	AGE	TIME
51.	Jack Knox (Bishop, Cal.), Naval Acad.	21	8:49:21
52.	James McCaffery (Rockville, Md.)	17	8:55:22
53.	Bob Lang (Norfolk, Va.)	20	8:56:57
54.	John Lester (Frederick, Md.)	34	8:57:07
55.	Andy Jones (Quantico, Va.)	32	8:57:56
56.	Joe Lyons (Walkersville, Md.)	34	8:58:05
57.	Timmy Lester (Frederick, Md.)	14	8:58:59
58.	Kevin Skjel (<i>FARGO, N.D.</i>), NAVAL ACAD.	21	9:00:17
59.	Ray Martin (Washington, D.C.)	36	9:00:26
60.	Ed Hruneni (Falls Church, Va.)	27	9:02:36
61.	Gene Kline (Hagerstown, Md.)	45	9:05:07
62.	Carl Cornett (Culpeper, Va.)	38	9:05:43
63.	Mike Smith (Rockville, Md.), Univ. of Md.	18	9:06:16
64.	Jon Link (North Babylon, N.Y.)	31	9:06:25
65.	David Weisgerber (Westminster, Md.)	17	9:07:52
66.	Larry Cunningham (Voorhees, N.J.)	25	9:10:39
67.	Jim Zucco (Baltimore, Md.)	25	9:11:50
68.	Ralph Wilson (Madison, Conn.)	49	9:13:21
69.	Dan Gowen (College Park, Md.)	30	9:14:19
70.	Jeff Morse (Mason City, Iowa), Naval Acad.	21	9:14:32
71.	Bob Ellis (Schenectady, N.Y.)	30	9:15:57
72.	Greg McCauley (Hagerstown, Md.), Hagerstown JC	18	9:18:05
73.	Gerald "Buddy" Walker (Brunswick, Md.)	36	9:18:18
74.	Dave Rarity (Arlington, Va.)	38	9:18:52
75.	Ric Hummer (Waynesboro, Pa.)	15	9:19:17
76.	Rick Seifarth (Maugansville, Md.), Univ. of Md.	22	9:19:27
77.	Curt Weller (Frederick, Md.), Frederick CC	18	9:20:47
78.	Rob Sollenberger (Edgewater, Md.)	31	9:21:12
79.	Glenn Hightower (Westport, Conn.)	36	9:21:12
80.	John Carney (Fort Benning, Ga.)	35	9:21:39
81.	Norman Wallace (Dallas, Texas)	36	9:22:13
82.	Dan Sayner (Marinette, Wisc.), Naval Acad.	22	9:22:36
83.	Gene Osborn (Rochester, N.Y.)	59	9:22:36
84.	Ralph Kuhnley (Virginia Beach, Va.), Tidewater CC	19	9:23:34
85.	Rick Claus (Baltimore, Md.), Johns Hopkins Univ.	25	9:25:08
86.	Bill Hendry (Dumfries, Va.)	25	9:25:55
87.	Dick Yeatts (Hagerstown, Md.)	40	9:25:58
88.	John "Jay" Frantz (Hagerstown, Md.)	35	9:25:58
89.	Alan Kuntz (Girard, Pa.), Naval Acad.	19	9:26:18
90.	Eric Kramer (Williamsburg, Va.)	20	9:28:06
91.	Dick Burgee (Frederick, Md.)	44	9:28:08
92.	Will Charles (Peach Bottom, Pa.), Messiah Coll.	25	9:30:21
93.	Bill Law (Arnold, Md.)	48	9:30:39
94.	Dwight Wilkinson (Waynesboro, Pa.)	15	9:31:29
95.	Rick Comisky (Burke, Va.), George Mason Univ.	30	9:32:55
96.	Andy Wilson (Longmont, Colo.), Naval Acad.	21	9:33:30
97.	Wes Mathews (Arlington, Va.)	39	9:33:33
98.	Mark Finley (Huntington, N.Y.), Naval Acad.	20	9:33:56
99.	Bill Durbin (McLean, Va.), Naval Acad.	22	9:34:20
100.	Sue Shepherd (Harwood, Md.), Madison College	19	9:35:10

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101.	Jan Levin (Roanoke, Va.), Naval Acad.	19	9:35:14
102.	Cesar Navarrete (El Paso, Texas), Naval Acad.	21	9:35:38
103.	Lowell Showalter (Maugansville, Md.)	19	9:36:06
104.	Al Jones (Quantico, Va.)	29	9:36:36
105.	Bob Gralley (Westport, Conn.)	50	9:38:23
106.	Paul Robertson (Oxon Hill, Md.)	37	9:39:55
107.	Eric Kersting (Chewsville, Md.)	17	9:40:52
108.	Jim Poole (Grove City, Pa.)	27	9:41:02
109.	Russ Poole (Fayetteville, Pa.)	32	9:41:02
110.	Rolland Elliott (Accokeek, Md.)	40	9:41:20
111.	Courtland Howard (Windsor, Pa.), York College	21	9:41:45
112.	Dave Young (Washington, D.C.)	27	9:44:52
113.	Norm Christensen (Fairfax, Va.)	37	9:47:15
114.	Ruth Hamilton (Arlington, Va.)	29	9:47:27
115.	Denny Myers (Winchester, Va.)	22	9:48:23
116.	Art Carey (Levittown, Pa.)	26	9:49:53
117.	Ernie Medaglia (New York, N.Y.)	47	9:50:42
118.	John Kurt (Bowie, Md.)	52	9:51:23
119.	Robert Dykstra (Bethesda, Md.)	28	9:51:45
120.	Rand Perkins (Richmond, Va.), Virginia Tech	24	9:52:59
121.	Steve Shumaker (LaVale, Md.)	29	9:55:09
122.	Joe Lederle (Arlington, Va.)	41	9:56:25
123.	John Burton (Oklahoma City, Okla.), Naval Acad.	20	9:56:31
124.	Tim Nickerson (Baton Rouge, La.), Naval Acad.	21	10:00:56
125.	Pete Misiewicz (St. Petersburg, Fla.), Naval Acad.	21	10:01:21
126.	Robert "Buster" Hogan (Arlington, Va.)	29	10:04:06
127.	Jim Barnes (Grants Pass, Oregon), Naval Acad.	21	10:06:38
128.	Phil Dennis (Waynesboro, Pa.)	17	10:09:20
129.	Tom Heinz (Seabrook, Md.)	37	10:09:44
130.	Mark Knoderer (Oxon Hill, Md.)	26	10:09:44
131.	Jim Mortenson (Baltimore, Md.)	37	10:11:51
132.	Jim Boos (Columbia, Md.)	48	10:21:43
133.	Jack Shawver (Dickerson, Md.)	40	10:21:55
134.	Kenneth Link (Burke, Va.)	28	10:21:55
135.	Tom Winter Jr. (Springfield, Va.)	42 43	10:23:45
136.	Jim Gauss (Emmitsburg, Md.)	14	10:24:54
137.	John Apgar (Smyrna, Del.)	20	10:26:10
138.	Mike Combs (<i>BROKEN ARROW, OKLA.</i>), NAVAL ACAD.	20	10:26:11
139.	Chuck Goddard (<i>HAMDEN, CONN.</i>), NAVAL ACAD.	20	10:26:12
140.	Bill Quinn (Arlington, Va.)	27	10:26:13
141.	Larry Dickerson (Smyrna, Del.)	33	10:27:45
142.	Harvey Reisenweber (Martinsburg, W. Va.)	37	10:28:12
143.	Jerry Harber (Triangle, Va.)	33	10:31:30
144.	Ed Robeson (Quantico, Va.)	29	10:31:34
145.	Mart Birley (Magnolia, N.J.) Camden CC	20	10:32:36
146.	Jerry De Clue (Washington, D.C.)	34	10:33:40
147.	Bill Meier (Sparks, Md.)	16	10:34:33
148.	Clater Smith (Frederick, Md.)	44	10:35:10
149.	Larry Becker (Yardley, Pa.), Naval Acad.	22	10:36:25
150.	Mark Bentley (Salina, Pa.), Messiah College	19	10:38:12

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151.	Rudy Williams (Fairmont, W. Va.), West Virginia Univ.	20	10:38:12
152.	Randy Howard (Windsor, Pa.)	23	10:40:22
153.	Fred Schumacher (Florham Park, N.J.)	29	10:40:52
154.	Al Miller (Springfield, Va.)	38	10:44:21
155.	Mike Selman (Waynesboro, Pa.)	16	10:45:00
156.	Jon Acton (Baltimore, Md.)	28	10:45:13
157.	Paul "Rip" Flick (Hedgesville, W.Va.)	29	10:47:01
158.	Wes Emmons (Philadelphia, Pa.)	48	10:47:13
159.	Jay Weller (Union Bridge, Md.)	16	10:49:30
160.	Tom Miller (Boonsboro, Md.)	34	10:54:22
161.	Cal Mahaney (Fairplay, Md.)	47	10:55:16
162.	Dave Knode (Hagerstown, Md.)	31	10:55:42
163.	David "Binko" Bair (Wilmington, Del.), Naval Acad.	21	10:56:04
164.	Wilbur "Buck" Besecker (Waynesboro, Pa.)	33	10:56:04
165.	Bill Readman (International Falls, Minn.), Naval Acad.	21	10:56:57
166.	Claude Jordan (Wilmington, Del.), Naval Acad.	20	10:56:57
167.	Woody Hawkins (Boonsboro, Md.), Shepherd College	20	10:58:52
168.	Tom Clark (Rockville, Md.)	24	10:59:07
169.	Bob Dstrow (Smithsburg, Md.)	15	10:59:23
170.	Konrad Kroszner (Furlong, Pa.), Naval Acad.	21	11:00:16
171.	Joe Hall (Alexandria, Va.)	27	11:03:36
172.	Eugene Coghill (Baltimore, Md.)	17	11:03:51
173.	Stan Clontz (Dahlgren, Va.)	26	11:04:51
174.	Ramon Guerrero (Quantico, Va.)	22	11:05:47
175.	Al Kossow (Rockville, Md.)	31	11:06:14
176.	Rick Busch (Washington, D.C.)	39	11:06:16
177.	Don Link (<i>HUBERTUS, WISCONSIN</i>), NAVAL ACAD.	21	11:06:42
178.	Dick Wilson (Mt. Airy, Md.)	43	11:07:14
179.	Bruce Kraft (Silver Spring, Md.)	15	11:07:15
180.	Connie Reddick (Union Bridge, Md.)	14	11:07:16
181.	Frank Cerabino (Bay Shore, N.Y.), Naval Acad.	21	11:07:24
182.	Steve Burley (Magnolia, N.J.), Naval Acad.	22	11:07:25
183.	Kirk Barker (St. Petersburg Beach, Fla.), Naval Acad.	22	11:09:08
184.	Kim Byron (Frederick, Md.), Washington College	21	11:09:08
185.	Bill Murray (Annandale, Va.)	46	11:10:12
186.	Larry O'Neill (Ellicott City, Md.)	30	11:11:25
187.	Ron Sborz (Washington, D.C.)	19	11:11:40
188.	Bill Soller (Philadelphia, Pa.)	30	11:11:52
189.	Zane Reddick (Union Bridge, Md.)	15	11:13:02
190.	Doug Sims (Gaithersburg, Md.)	25	11:13:42
191.	Pat Dennis (El Paso, Texas), Naval Acad.	20	11:13:49
192.	Bob Schleigh (Hagerstown, Md.)	38	11:13:49
193.	Chuck Lowther (Alexandria, La.), Naval Acad.	20	11:14:12
194.	Ernie West (Fredericksburg, Va.)	57	11:15:22
195.	Jim Lewis (Harper Woods, Mich.)	47	11:15:44
196.	Bob Greenspun (Alexandria, Va.)	30	11:16:24
197.	Betsy Ries (Annapolis, Md.)	29	11:18:18
198.	Bob Schoultz (Norfolk, Va.)	24	11:18:19
199.	Mary Rotz (Hagerstown, Md.)	27	11:19:46
200.	Mike Lounge (Annapolis, Md.)	30	11:20:02

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201.	Forden Hughes (Middletown, Md.)	36	11:21:17
202.	John Borders (Virginia Beach, Va.)	37	11:21:31
203.	Ferris Portner (King George, Va.)	47	11:24:03
204.	Jerry Cook (Poulsbo, Wash.), Naval Acad.	23	11:24:36
205.	Mike Burke (South Euclid, Ohio)	32	11:25:31
206.	Louis Vamos (Emmaus, Pa.)	55	11:28:57
207.	Mike Scott (Gainesville, Ga.), Naval Acad.	21	11:31:02
208.	David Price (Meridian, Miss.), Naval Acad.	19	11:31:17
209.	Mack Daett (Tempe, Ariz.), Naval Acad.	20	11:31:17
210.	Bill Beydler (Laurel, Md.)	42	11:31:33
211.	Fred Wandel (Takoma Park, Md.)	64	11:32:03
212.	Greg Wheeler (Gaithersburg, Md.)	16	11:32:04
213.	Ed Yetzko (Vestal, N.Y.), Naval Acad.	21	11:32:13
214.	Danny Chaney ^{ESANEY} (Washington, D.C.)	20	11:32:57
215.	Tom Sheahan (Derwood, Md.)	35	11:34:48
216.	Frank Boyer (Warren, Ohio)	42	11:37:28
217.	Gary Colton (<i>BANNING, CALIF., NAVAL ACAD.</i>)	21	11:37:28
218.	Scott McDonald (Rockville, Md.), Frostburg State	18	11:38:40
219.	Becky Stemper (Chesterfield, Va.), Madison College	19	11:38:41
220.	Irvine "Bud" Prather (Christiansburg, Va.), VPI	31	11:38:54
221.	Dave Ramsey (McHenry, Md.)	31	11:38:55
222.	Larry Thomas (Westminster, Md.)	16	11:39:12
223.	Richard Cote (Quantico, Va.)	29	11:39:26
224.	Jim Furgerson (Quantico, Va.)	36	11:39:26
225.	Roger Worthington (Hagerstown, Md.)	31	11:39:26
226.	Bert Coursey (Walkersville, Md.)	34	11:39:32
227.	Don Leatherman (Frederick, Md.)	64	11:40:16
228.	Dave Dryden (Frederick, Md.)	40	11:40:23
229.	Rod Vaught (Milwaukie, Oregon), Naval Acad.	21	11:40:51
230.	Dave Jensen (Ashland, Oregon), Naval Acad.	21	11:40:51
231.	Kevin Murray (Rochester, N.Y.), American Univ.	21	11:44:33
232.	Melvin Jackson (Washington, D.C.)	30	11:45:17
233.	Bill Perzinski (Baltimore, Md.)	24	11:47:51
234.	Richard Seaberg (Centerville, Ohio), Naval Acad.	21	11:48:01
235.	Walter "Bucky" Murphy (Annapolis, Md.)	28	11:48:18
236.	Don Wood (Newport News, Va.)	44	11:48:29
237.	John Hoover (Newport News, Va.)	37	11:48:30
238.	Erich Chetelat (Baltimore, Md.)	16	11:48:44
239.	Larry Barbour (Front Royal, Va.)	26	11:49:12
240.	Derral Ketterman (New Windsor, Md.)	17	11:50:32
241.	Carl Schneider (Annapolis, Md.)	33	11:50:36
242.	Scott Roberts (Quantico, Va.)	22	11:50:47
243.	Keith Harvey (Alexandria, Va.)	28	11:51:48
244.	Joe Kravinsky (Philadelphia, Pa.)	65	11:51:52
245.	Frederick Allenspach (Potomac, Md.)	46	11:52:21
246.	Lester Gesell (Frederick, Md.)	47	11:52:35
247.	Bob Sinibaldi (Glastonbury, Conn.), Naval Acad.	21	11:53:22
248.	Dermott Hickey (Annapolis, Md.)	64	11:54:40
249.	Jimmy Cole (Springfield, Va.)	37	11:54:40
250.	Thomas "Chick" Mullaney (Wilmington, N.C.)	32	11:57:08

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251.	Dick McNew (Hagerstown, Md.)	29	11:58:12
252.	Norm Stead (Annapolis, Md.)	45	12:00:00
253.	Bill Graham (Lothian, Md.)	46	12:00:04
254.	John F. Kennedy (Walkersville, Md.)	39	12:00:39
255.	Mike Taylor (King George, Va.)	35	12:01:47
256.	Ron Young (Frederick, Md.)	36	12:02:19
257.	Nolan Evans (Emmaus, Pa.)	21	12:05:47
258.	Jamie Lowery (Hagerstown, Md.)	11	12:09:06
259.	Eddie Glenn (Chevy Chase, Md.)	24	12:11:34
260.	Paul Blais (Bedford, N.H.), Naval Acad.	21	12:13:08
261.	Roy Thompson (Williamsport, Md.)	31	12:13:08
262.	Ed Sitko (Bowie, Md.)	29	12:16:00
263.	Barbara Matthai (Baltimore, Md.), Univ. of Md.	22	12:18:47
264.	Roy Taylor (Frederick, Md.)	36	12:22:04
265.	Tim Darby (Reston, Va.)	29	12:23:41
266.	Chuck Jessop (Smithsburg, Md.)	15	12:24:43
267.	Georges Auchet (Philadelphia, Pa.)	47	12:25:57
268.	Ray Rickett (Hagerstown, Md.)	44	12:26:46
269.	Lorraine Hall (Charlton City, Mass.)	44	12:28:38
270.	Emory Bales (Dahlgren, Va.)	43	12:30:46
271.	Ed Sheridan (Washington, D.C.)	44	12:30:53
272.	Ken Maloney (New Orleans, La.), Naval Acad.	20	12:30:59
273.	Pat Quigley (Oceanside, Calif.), Naval Acad.	20	12:30:59
274.	Pat Berrigan (Everett, Mass.), Boston State College	20	12:30:59
275.	Paul Keplinger (Hagerstown, Md.)	36	12:31:32
276.	Ernie Imhoff (Baltimore, Md.)	39	12:31:57
277.	Will Smith (Oxon Hill, Md.)	31	12:35:38
278.	Randy Parman (Triangle, Va.)	22	12:36:06
279.	Menelaos "Mickey" Palles (Quantico, Va.)	22	12:36:06
280.	Howard Williams (Williamsport, Md.)	33	12:39:29
281.	Rick Craig (Trenton, Missouri), Naval Acad.	21	12:42:29
282.	Paul Lewis (Upper Marlboro, Md.)	32	12:42:51
283.	Don McNally (Rochester, N.Y.)	56	12:43:35
284.	Jack Rose (Annapolis, Md.)	30	12:44:01
285.	Walt Cover (Annapolis, Md.)	31	12:44:01
286.	Jack Jones (Severna Park, Md.)	44	12:44:56
287.	Pete Ayotte (Torrance, Calif.), Naval Acad.	21	12:47:39
288.	Ben Sherman (McLean, Va.)	53	12:48:09
289.	Loren Friesen (Washington, D.C.)	33	12:48:09
290.	Howell Griswold (Baltimore, Md.)	55	12:48:40
291.	Mark Mathews (Arlington, Va.)	16	12:49:27
292.	Phil Jones (Washington, D.C.)	31	12:49:34
293.	Klaus Helmin (Potomac, Md.)	37	12:49:36
294.	Mark Shockey (Waynesboro, Pa.)	36	12:49:56
295.	Brett O'Donnell (Rockville, Md.), Univ. of Md.	19	12:50:03
296.	Michael Penn (Sykesville, Md.), Univ. of Md.	19	12:50:03
297.	John Gracey (Waterfall, Pa.)	44	12:50:14
298.	Jerry Kearns (Baltimore, Md.)	43	12:50:50
299.	Ralph McCarty (Etters, Pa.)	30	12:52:47
300.	Padraic "Pat" Fox (Watertown, So. Dak.), Naval Acad.	20	12:53:07

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301.	Ronnie Wood (Irving, Texas), Naval Acad.	22	12:53:07
302.	John O'Dwyer (Oswego, N.Y.)	19	12:54:32
303.	Eruce Landeg (Mentor, Ohio)	20	12:54:32
304.	Al Helbig (Annapolis, Md.)	37	12:55:31
305.	Jim Carlisle (Severna Park, Md.)	36	12:55:31
306.	Charlie Breig (Silver Spring, Md.)	26	12:58:11
307.	John Martyn (Chevy Chase, Md.)	26	12:58:34
308.	Tom Whitesell (Frederick, Md.)	22	12:59:09
309.	Dave Gilbert (Frederick, Md.)	32	12:59:09
310.	Joe Baummer (Joppa, Md.)	43	13:00:21
311.	Michael Allen (Havre de Grace, Md.)	13	13:03:33
312.	Sherry Remez (Poolesville, Md.)	28	13:04:16
313.	Sidney Allen (Havre de Grace, Md.)	37	13:05:08
314.	Norman Marquess (Elkton, Md.)	41	13:05:08
315.	Don West (Prospect Park, Pa.)	52	13:06:44
316.	Gary Stammer (Columbia, Md.)	26	13:10:26
317.	Bob Zalaskis (Great Falls, Va.), Naval Acad.	22	13:13:20
318.	Raymond Yaukey (Mont Alto, Pa.)	25	13:14:51
319.	Ling Louie (Hagerstown, Md.)	24	13:14:51
320.	Nelson Spangler (Takoma Park, Md.)	23	13:17:05
321.	Joe Spence (Silver Spring, Md.)	26	13:17:05
322.	Gordon McElroy (Arnold, Md.), Naval Acad.	23	13:17:49
323.	Paul Lee (Hagerstown, Md.)	24	13:17:56
324.	Doss Baker (Funkstown, Md.)	33	13:18:20
325.	Jim Hatcher (Middletown, Md.)	33	13:18:20
326.	Jean Phillips (Germantown, Md.)	33	13:18:21
327.	Martha Burkett (Thurmont, Md.)	28	13:18:22
328.	Paul Chapman (Annapolis, Md.)	39	13:20:29
329.	Dirk Mosis (Annapolis, Md.)	25	13:21:19
330.	Bob Vogel (Quantico, Va.)	27	13:22:08
331.	Conrad Bailer (Silver Spring, Md.)	40	13:23:19
332.	Gene Mallard (Austin, Texas)	35	13:23:35
333.	Bill Weary (Springfield, Va.)	19	13:24:03
334.	Tom Winter III (Springfield, Va.), Duke Univ.	18	13:26:49
335.	Scott Meeks (Springfield, Va.)	17	13:26:49
336.	Dave Bridge (McLean, Va.)	40	13:27:25
337.	Mark Ospeck (Salem, Ohio), Naval Acad.	21	13:28:04
338.	Phil Donehower (Silver Spring, Md.)	23	13:28:21
339.	Larry Donehower (Bethesda, Md.)	25	13:28:21
340.	Howard Reynolds (Wheaton, Md.)	29	13:28:34
341.	David Drown (Wheaton, Md.), Univ. of Nebraska	23	13:28:49
342.	Joe Hoosty (Falls Church, Va.)	32	13:30:05
343.	Ed Weary (Springfield, Va.)	43	13:30:58
344.	Dennis Thurman (Adelphi, Md.)	45	13:31:02
345.	Dick Saville (Martinsburg, W. Va.)	31	13:33:39
346.	David Myers (Frederick, Md.)	16	13:34:17
347.	Everett Marsh (Sykesville, Md.)	61	13:34:29
348.	Jim Gleason (Crofton, Md.)	34	13:37:35
349.	Jerry Snyder (Baltimore, Md.)	41	13:41:38
350.	Pete Frillman (Potomac, Md.)	19	13:42:26

OFFICIAL RESULTS
 CVAC 14th ANNUAL JFK 50 MILE
 NOVEMBER 20, 1976

PLACE	NAME	AGE	TIME
351.	Joe Pozell (Washington, D.C.)	20	13:42:28
352.	Charles Rector (Annapolis, Md.)	50	13:42:48
353.	Bob Ewing (Hagerstown, Md.)	21	13:43:04
354.	Norval Higdon (Hagerstown, Md.)	15	13:43:04
355.	James J. Starrs (Springfield, Va.)	17 16	13:43:34
356.	Hal Cramer (Glen Burnie, Md.)	24	13:44:48
357.	Guinn Hamilton (Baltimore, Md.)	17	13:47:19
358.	Jack Spinnler (Silver Spring, Md.)	24	13:48:00
359.	Jim Smith (Chevy Chase, Md.)	39	13:48:18
360.	Bruce Burnside (Rockville, Md.)	54	13:48:18
361.	Earl Kepler (Greenbelt, Md.)	23	13:49:17
362.	Herman Blinichikoff (Baltimore, Md.)	42	13:50:47
363.	John Newdorp (Oakton, Va.)	66	13:51:29
364.	Herb Eiker (Frederick, Md.)	35	13:51:46
365.	James E. Starrs (Springfield, Va.)	46	13:53:32
366.	Barry Tremblay (Washington, D.C.)	27	13:53:35
367.	Phil Anderson (Rockville, Md.)	34	13:53:36
368.	Pete Knoetgen (Kings Park, N.Y.), Naval Acad.	21	13:53:47
369.	Mike Nolan (Frederick, Md.)	28	13:58:42