

19th ANNUAL
JOHN F. KENNEDY 50 MILE HIKE-RUN
SATURDAY, NOVEMBER 21, 1981

RECORDS

Course and Hike-Run Record:	5:55:30	Max White	1973
Women's Record:	7:41:13	Sue Medaglia	1979
Scholastic Record:	6:16:25	Karsten Schulz	1977
Age 70 & Over Record:	11:41:40	John Newdorp (70)	1980
Age 60 & Over Record:	9:48:16	Walt Stack (66)	1974
Age 50 & Over Record:	7:07:59	Bill Jackson (50)	1977
Age 40 & Over Record:	6:17:44	Bruce Nystrom (41)	1979
Age 15 & Under Record:	7:46:54	Brad Vaughn (15)	1975
Eldest Completed Hike-Run:	Age 70	John Newdorp (4-29-10)	1980
Most Completed Hike-Runs:	12	Kim Byron	
Most Hike-Run Victories:	5	James Ebberts	
Most Women's Hike-Run Victories:	6	Donna Aycoth	

JFK CHAMPIONS

1963	James Ebberts, Steve Costion, Rick Miller, Buzz Sawyer	13:10:
1964	James Ebberts, Steve Costion, Wayne Vaughn	12:33:
1965	James Ebberts, Buzz Sawyer, Elton Horst	10:39:
1966	Elton Horst, Buzz Sawyer, Kenny Baker	10:21:
1967	James Ebberts, Wayne Vaughn, Buzz Sawyer	10:03:40
1968	Leo Henry	10:02:12
1969	James Ebberts, Baxter Berryhill	8:32:04
1970	Baxter Berryhill	7:21:25
1971	Elton Horst	6:15:42
1972	Park Barner	6:29:27
1973	Max White	5:55:30
1974	Max White	6:06:19
1975	Angelo Gioiosa	6:27:58
1976	Pat Gill	5:59:28
1977	Ed Ayres	6:04:01
1978	Phil Bishop	6:14:59
1979	Bill Lawder	6:08:54
1980	Dan Brannen	6:14:02

JFK WOMEN'S CHAMPIONS

1968	Donna Aycoth	10:41:15	1975	Martha Hauver	10:27:26
1969	Donna Aycoth	9:27:31	1976	Sue Shepherd	9:35:10
1970	Donna Aycoth	9:45:15	1977	Sue Medaglia	8:19:07
1971	Donna Aycoth	9:29:48	1978	Sue Medaglia	7:53:00
1972	Donna Aycoth	9:48:30	1979	Sue Medaglia	7:41:13
1973	Donna Aycoth	8:26:07	1980	Sue Medaglia	7:53:40
1974	Nancy Keplinger	13:48:05			

HISTORY MAKING FIRSTS

First Woman to finish the JFK-50	Donna Aycoth	1968
First Age 70 & Over to finish the JFK-50	John Newdorp	1980
First Age 60 & Over to finish the JFK-50	Burnis Hicks	1973
First Age 50 & Over to finish the JFK-50	Dr. Jim Dobbie	1966
First Age 10 to finish the JFK-50	Galen Pryor	1969
First Blind Runner to finish the JFK-50	Tom Rothrock	1975
First U.S. Congressman to finish the JFK-50	Goodloe Byron	1971
First Member "250 Mile" Club	Buzz Sawyer	1968
First Woman Member "250 Mile" Club	Donna Aycoth	1972
First Member "500 Mile" Club	Kim Byron	1977

"500 MILE" CLUB
(6 Members)

<u>MEMBER</u>	<u>JFK 'S</u> <u>COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Kim Byron	13	68-69-70-71-72-73-74-75-76-77-78-79-80	10:25:36 (1977)
Mike Adams	12	65-69-71-72-73-74-75-76-77-78-79-80	6:42:34 (1979)
Cal Mahaney	11	70-71-72-73-74-75-76-77-78-79-80	10:03:53 (1980)
Leo Henry	10	67-68-69-73-74-75-76-77-78-79	8:00:36 (1973)
Ling Louie	10	70-71-73-74-75-76-77-78-79-80	12:29:17 (1975)
Si Reddick	10	69-70-71-72-73-74-75-76-77-78	8:38:12 (1974)

"250 MILE" CLUB
(99 Members)

<u>MEMBER</u>	<u>JFK *S</u> <u>COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Carl Cornett	9	72-73-74-75-76-77-78-79-80	8:35:49 (1978)
James Ebberts	9	63-64-65-67-69-73-76-77-78	7:06:41 (1977)
Dave Frye	9	71-72-73-74-75-76-77-78-79	7:34:28 (1979)
Shane Hutton	9	69-70-71-72-73-74-78-79-80	10:13:10 (1971)
Clater Smith	9	69-71-72-73-75-76-77-78-79	10:35:10 (1976)
Fred Wandel	9	72-73-74-75-76-77-78-79-80	11:32:03 (1976)
Joe Baummer	8	73-74-75-76-77-78-79-80	9:15:20 (1980)
Chuck Fitz	8	69-71-73-74-75-76-78-79	8:25:29 (1976)
Woody Hawkins	8	73-74-75-76-77-78-79-80	10:40:45 (1975)
Jim Lewis	8	72-73-74-75-76-77-78-79	11:08:35 (1977)
Paul Lewis	8	73-74-75-76-77-78-79-80	11:26:32 (1979)
Ernie West	8	72-74-75-76-77-78-79-80	10:11:13 (1978)
Ron Young	8	70-71-72-73-74-75-76-77	10:28:30 (1973)
Dick Burgee	7	72-73-74-75-76-77-78	8:48:55 (1977)
Goodloe Byron	7	67-69-70-71-72-73-75	10:13:10 (1971)
Eddie Glenn	7	69-70-71-73-74-76-78	10:13:15 (1973)
Bob Henscheid	7	74-75-76-77-78-79-80	8:02:47 (1980)
Randy Howard	7	74-75-76-77-78-79-80	8:33:45 (1978)
Paul Keplinger	7	73-75-76-77-78-79-80	10:37:25 (1980)
Bill Law	7	72-73-74-75-76-78-79	8:57:01 (1978)
Don West	7	74-75-76-77-78-79-80	12:58:47 (1975)
Guy Whidden	7	65-66-67-68-69-70-71	10:46:35 (1970)
Sidney Allen	6	75-76-77-78-79-80	11:31:04 (1980)
Donna Aycoth	6	68-69-70-71-72-73	8:26:07 (1973)
Larry Dickerson	6	72-73-76-77-78-79	8:57:32 (1979)
Jay Frantz	6	75-76-77-78-79-80	8:41:50 (1977)
Bob Gralley	6	74-75-76-77-78-79	8:42:56 (1979)
Gene Kline	6	75-76-77-78-79-80	8:06:00 (1980)
Al Kossow	6	73-75-76-77-78-80	9:55:24 (1980)
John Kurt	6	73-74-75-76-77-78	9:51:23 (1976)
Norman Marquess	6	75-76-77-78-79-80	11:35:56 (1979)
Everett Marsh	6	75-76-77-78-79-80	12:46:03 (1979)
Don McNelly	6	75-76-77-78-79-80	11:32:05 (1980)
Ernie Medaglia	6	75-76-77-78-79-80	8:06:56 (1978)
Zane Reddick	6	72-73-75-76-77-78	11:13:02 (1976)
Buzz Sawyer	6	63-65-66-67-68-70	8:53:15 (1970)
Fred Schumacher	6	74-75-76-77-78-80	10:20:39 (1978)
Lowell Showalter	6	75-76-77-78-79-80	8:05:39 (1979)
Wayne Vaughn	6	64-65-67-68-69-72	7:12:02 (1972)
Tom Whitesell	6	69-70-72-75-76-77	10:27:27 (1970)

"250 MILE" CLUB (contd)

<u>MEMBER</u>	<u>JFK 'S COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Jon Acton, II	5	75-76-78-79-80	10:42:36 (1978)
Park Barner	5	72-73-74-75-76	6:23:53 (1973)
Dave Bergman	5	71-72-73-74-77	9:11:34 (1972)
Frank Boyer	5	75-76-77-78-79	9:35:19 (1979)
Mike Burke	5	73-74-75-76-80	9:18:47 (1980)
Bruce Burnside	5	71-72-73-75-76	10:44:15 (1973)
Rick Busch	5	70-71-73-75-76	10:24:07 (1975)
Joe Butchko	5	73-75-76-77-78	7:48:43 (1977)
Larry Campbell	5	73-77-78-79-80	13:11:03 (1977)
Art Carey	5	71-72-73-74-76	9:04:20 (1971)
Norm Christensen	5	73-75-76-77-78	9:21:52 (1977)
Alec Evans	5	73-75-77-78-79	10:41:03 (1978)
Denny Evans	5	73-77-78-79-80	9:17:02 (1979)
Howell Griswold	5	73-74-75-76-77	12:43:56 (1977)
Martha Hauver	5	69-71-72-73-75	10:27:26 (1975)
Eddie Hayden	5	75-76-77-78-79	7:31:23 (1977)
Don Heimiller	5	73-75-76-77-78	7:52:52 (1978)
Glenn Hightower	5	75-76-77-79-80	8:44:59 (1980)
Ed Hruneni	5	73-74-75-76-77	8:58:12 (1977)
Forden Hughes	5	71-72-73-75-76	11:21:17 (1976)
Nancy Keplinger	5	73-74-75-77-78	11:48:20 (1975)
Lanny Knight	5	72-73-75-76-77	7:31:36 (1977)
Dave Knode	5	70-71-75-76-77	8:56:43 (1977)
Joe Kravinsky	5	75-76-77-78-79	11:28:14 (1978)
Bob Lemmermann	5	73-77-78-79-80	13:48:50 (1979)
Dennis Lewis	5	74-75-78-79-80	10:39:49 (1979)
Gil Martin	5	71-72-73-74-75	9:04:34 (1975)
Wes Mathews	5	74-75-76-77-80	9:12:53 (1977)
Barbara Matthai	5	72-73-75-76-77	10:33:21 (1977)
Byron McNelly	5	75-77-78-79-80	9:53:52 (1977)
Jim Mortenson	5	74-75-76-77-78	8:13:34 (1977)
Don Muffley	5	72-73-74-75-76	7:32:37 (1976)
Kevin Murray	5	75-76-78-79-80	9:52:42 (1979)
Gary Naugle	5	71-72-73-74-75	7:40:48 (1975)
John Newdorp	5	76-77-78-79-80	10:33:38 (1977)
Bruce Nystrom	5	75-76-77-78-79	6:17:44 (1979)
Larry Pereschuk	5	73-77-78-79-80	11:47:24 (1980)
Jean Phillips	5	76-77-78-79-80	11:27:37 (1979)
Galen Pryor	5	69-70-71-72-73	9:38:44 (1973)
Connie Reddick	5	73-75-76-77-78	11:07:16 (1976)
Eddie Reddick	5	72-73-74-75-76	8:42:36 (1976)
Harvey Reisenweber	5	75-76-77-78-79	9:36:43 (1979)
Ray Rickett	5	72-73-75-76-77	11:44:13 (1977)
Howard Ridenour	5	70-71-72-73-74	10:09:04 (1974)
Paul Robertson, Sr.	5	75-76-77-78-80	9:12:13 (1977)
Frank Schaeffer	5	75-77-78-79-80	9:41:38 (1980)
Nelson Spangler	5	72-73-75-76-77	11:35:57 (1975)
Joe Spence	5	72-73-75-76-77	9:56:25 (1973)
Jack Spinnler	5	71-72-73-76-77	12:45:36 (1972)
Mike Spinnler	5	71-72-73-75-77	6:57:54 (1977)
Jim Starrs	5	72-73-74-75-76	12:10:33 (1975)
Michael Taylor	5	76-77-78-79-80	11:11:54 (1979)
Roy Taylor	5	76-77-78-79-80	10:35:31 (1980)
Brad Vaughn	5	71-72-73-74-75	7:46:54 (1975)
Howard Williams, Jr.	5	75-76-77-78-80	11:35:09 (1978)
Dick Wilson	5	73-74-75-76-77	10:40:48 (1975)
Tom Winter, Jr.	5	74-76-77-78-79	9:16:29 (1977)
Tom Winter, III	5	74-75-76-77-78	9:27:05 (1978)
Dave Young	5	73-75-76-77-78	9:16:59 (1975)



The first five finishers in the 1980 JFK-50 strike a pose shortly after reaching the finish line at Springfield Middle School in Williamsport. Left to right are Dave "Benny" Benford, 3rd 6:28:51; Bill Lawder, 2nd 6:22:54; Dan Brannen, 1st 6:14:02; Don Marvel, 4th 6:32:01; John Hess, 5th 6:34:35.

THE JFK-50 ALL-TIME TOP 25

1.	Max White	5:55:30	1973
2.	Pat Gill	5:59:28	1976
3.	Ed Ayres	6:04:01	1977
4.	Bill Lawder	6:08:54	1979
5.	Rick Warren	6:12:20	1973
6.	Dan Brannen	6:14:02	1980
7.	Phil Bishop	6:14:59	1978
8.	Elton Horst	6:15:42	1971
9.	Karsten Schulz	6:16:25	1977
10.	Bruce Nystrom	6:17:44	1979
11.	John Hess	6:22:28	1979
12.	Kerry Green	6:22:30	1977
13.	Park Barner	6:23:53	1973
14.	Tom Kirk	6:26:48	1977
15.	Angelo Gioiosa	6:27:58	1975
16.	Dave "Benny" Benford	6:28:51	1980
17.	George Stewart	6:28:58	1974
18.	Peter Monahan	6:28:59	1977
19.	Don Marvel	6:32:01	1980
20.	Fred Savitz	6:34:30	1978
21.	Bob Harper	6:35:28	1979
22.	Gene Schultz	6:41:11	1972
23.t	Mike Adams	6:42:34	1979
23.t	Bob Stack	6:42:34	1979
25.	Charles W. Miller III	6:48:49	1980



It was November 22, 1980, and Sue Medaglia is shown only a few strides away from her fourth JFK-50 women's title. Only Donna Aycoth, with six victories, has won more. Sue's 1980 triumph was timed at 7:53:40. It was her fourth straight Sub-8 Hour JFK-50, a barrier no other woman has beaten.

THE JFK-50 WOMEN'S ALL-TIME TOP 25

1.	Sue Medaglia	7:41:13	1979
2.	Donna Aycoth	8:26:07	1973
3.	Deborah Richey	8:41:57	1980
4.	Sandra Folzer	9:01:20	1979
5.	Mitzi Henscheid	9:05:32	1980
6.	Bobbie Allen	9:10:22	1979
7.	Kathy Nester	9:18:48	1979
8.	Samara Balfour	9:24:12	1979
9.	Carolyn Showalter	9:26:17	1980
10.	Sue Shepherd	9:35:10	1976
11.	Ruth Hamilton	9:47:27	1976
12.	Valerie Hardin	9:49:58	1973
13.	Cindy Steffen	9:56:15	1979
14.	Mariah Skinner	9:58:35	1977
15.	Laura Sommer	10:00:23	1980
16.	Martha Hauver	10:27:26	1975
17.	Barbara Matthai	10:33:21	1977
18.	Sharon Mark	10:35:48	1978
19.	Penny Booth	10:51:18	1978
20.	Janet Pomeranz	11:06:54	1980
21.	Connie Reddick	11:07:16	1976
22.	Zane Reddick	11:13:02	1976
23.	Barb Retorick	11:16:38	1978
24.	Betsy Ries	11:18:18	1976
25.	Mary Rotz	11:19:46	1976

1	Mike Adams	31	Fran Hornicek
2	Brent Ayer	32	Paul Jost
3	Dave Balfour	33	Lanny Knight
4	Samara Balfour	34	Ray Krolewicz
5	Benny Benford	35	Bill Lawder
6	Jim Berka	36	El Levri
7	Phil Bishop	37	Al Marcy
8	Ron Bomberger	38	Don Marvel
9	Mike Boyer	39	Ted Massa
10	Jay Brooks	40	Scott Maxwell
11	Buck Buckwalter	41	Ernie Medaglia
12	Roger Bunn	42	Sue Medaglia
13	Carl Cornett	43	Scott Miller
14	Paul Butchko	44	Doug Moorhead
15	Al Byrnes	45	Skip Mullaney
16	Kim Byron	46	Denny Myers
17	Bernie Davis	47	Everitt Newell
18	Dave Eden	48	Ray Olfky
19	Tommy Farragher	49	John Painter
20	Ed Foley	50	Chet Pino
21	Dick Good	51	Rick Reysen
22	Gary Hastings	52	Marty Rollinger
23	Jack Healing	53	Rich Sawyer
24	Don Heimiller	54	Bob Scheidt, Jr.
25	Bob Henscheid	55	George Scott
26	Mitzi Henscheid	56	Greg Shank
27	John Hess	57	Tom Sheahen
28	Mike High	58	Jack Sheridan
29	Pat High	59	Carolyn Showalter
30	Ed Hopper, II	60	Lowell Showalter
		61	Bill Symolon
		62	Chuck Terwoord
		63	Ron Warner
		64	Chauncey Wilson

101	Jon Acton,II	151	Vern Davies	201	Tom Hunt
102	Jeff Adams	152	Ed Daymude	202	Tim Hunt
103	Pedro Albrecht	153	Ed DeLeon,Jr.	203	Bruce Ingham
104	Rich Alexander	154	Douglas Dir	204	Lou Irigaray
105	Sidney Allen	155	Frank Dischel	205	Cliff Izer
106	Sam Alspach,Jr.	156	Ron Dorn,III	206	Dick Johnston
107	Todd Aman	157	Pat Dwyer	207	Bruce Johnstone
108	John Anderson	158	Jack Esrey	208	Debbie Jones
109	Georges Auchet	159	Alec Evans	209	Dunk Jones
110	Joey Bailey	160	Denny Evans	210	John Kanieski
111	Dick Baker	161	Mike Fallon	211	Frank Kelley
112	Tom Baker	162	Doug Flis	212	Don Kennedy
113	Joe Baummer	163	Jim Flowers	213	Ed Kenney
114	Tony Bell,Sr.	164	Linda Ford	214	Paul Keplinger
115	Bob Beller	165	Randy Fox	215	Carl Kirsch
116	Scott Bentley	166	Jim Freim	216	Kirt Kirtland,Jr.
117	Glen Berree	167	Tom Fremin	217	Dan Knox
118	Garry Best	168	Charlie Frick	218	Murray Korman
119	Bob Best	169	Joel Galperin	219	Al Kossow
120	Bud Bettler	170	Barbara Garner	220	Joe Kravinsky
121	Leon Bierbower	171	Pat German	221	James Kunze
122	Robert Boal	172	Randy Gesell	222	Mike Lacy
123	Bruce Boyd	173	Ed Glenn,Jr.	223	Cliff Lange
124	Frank Boyer	174	Chris Gordon	224	Bill Law
125	Don Brady	175	Bob Gralley	225	Bob Lemmermann
126	Leslie Bresee	176	Dave Grange	226	Will Leventhal
127	Bob Bridges	177	Frank Graves	227	Phil Levri
128	Charlie Bruce,Jr.	178	Bob Greenspun	228	Jim Lewis
129	Chuck Bugay	179	Chip Grove	229	John Lewis
130	Mark Bugay	180	Ken Groves	230	Larry Lewis
131	Sherman Bull	181	Gary Guardia	231	Paul Lewis
132	Roger Burkhart	182	Jerry Hagen	232	Dave Longley
133	Jim Caldwell	183	Carmen Haney	233	Howie Lovingood
134	Tim Caldwell	184	Patrick Hanks	234	Mike Lowe
135	Jim Carroll	185	George Harrington	235	Terry Lowe
136	Sam Case	186	Randy Hawthorne	236	Frankie Lum
137	Karen Chapin	187	Tracy Herndon	237	Cal Mahaney
138	Bud Clark	188	Dennis Herr	238	Earl Main
139	John Clay	189	Larry Hess	239	Jerry Marcus
140	Larry Clement	190	Les Hester	240	Marky Marquess
141	Len Cohen	191	Bob Hickey	241	Everett Marsh
142	Chuck Collins	192	Glenn Hightower	242	Curt Mason
143	Andrew Convery	193	Winnie Hittle	243	Ken Mattox
144	John Conyngham	194	Phil Hoge	244	Don McGeorge
145	Eric Cooper	195	David Holland	245	Byron McNelly
146	Sal Corrallo	196	Stan Holloway	246	Don McNelly
147	Mel Cowgill	197	Phil Hommer	247	B.J. Mehallick,Jr.
148	Ed Cunningham	198	John Hoover	248	Ed Mildner
149	Darren Darnell	199	Bruce Hopkins	249	John Mildner,Jr.
150	Mindo DaSilva,Jr.	200	Randy Howard	250	Delma Miller