

**23<sup>RD</sup> ANNUAL**

***John F. Kennedy 50 Mile Hike-Run***

**Boonsboro to Williamsport, Md. November 23, 1985**



**Sponsored by  
Cumberland Valley Athletic Club**

### RECORDS

Course and Hike-Run Record:	5:53:05	Mike Spinnler	1982
Women's Record:	6:50:56	Teri Gerber	1984
Scholastic Record:	6:16:25	Karsten Schulz	1977
Age 70 & Over Record:	10:22:21	Bob Boal (70)	1982
Age 60 & Over Record:	8:48:26	Everitt Newell (60)	1981
Age 50 & Over Record:	7:07:59	Bill Jackson (50)	1977
Age 40 & Over Record:	6:17:44	Bruce Nystrom (41)	1979
Age 15 & Under Record:	7:46:54	Brad Vaughn (15)	1975
Eldest Completed Hike-Run:	Age 72	Joe Kravinsky (6-19-11)	1983
Most Completed Hike-Runs:	16	Mike Adams & Kim Byron	
Most Women's Completed Hike-Runs:	8	Jean Phillips	
Most Hike-Run Victories:	5	James Ebberts	
Most Women's Hike-Run Victories:	6	Donna Aycoth	
Washington County Record:	5:53:05	Mike Spinnler	1982
Washington County Women's Record:	7:56:27	Carolyn Showalter	1984
Frederick County Record:	7:13:01	Ron Pace	1977
Frederick County Women's Record:	10:27:26	Martha Hauver	1975
Canadian Record:	7:24:57	John Kendall	1975
Canadian Women's Record:	9:52:20	Jo Wells	1984

### HISTORY MAKING FIRSTS

First Woman to finish the JFK-50:	Donna Aycoth	1968
First Age 70 & Over to finish the JFK-50:	John Newdorp	1980
First Age 60 & Over to finish the JFK-50:	Burnis Hicks	1973
First Age 50 & Over to finish the JFK-50:	Dr. Jim Dobbie	1966
First Age 10 to finish the JFK-50:	Galen Pryor	1969
First Blind Runner to finish the JFK-50:	Tom Rothrock	1975
First U.S. Congressman to finish the JFK-50:	Goodloe Byron	1971
First Member "250 Mile" Club:	Buzz Sawyer	1968
First Women Member "250 Mile" Club:	Donna Aycoth	1972
First Member "500 Mile" Club:	Kim Byron	1977
First Member "750 Mile" Club:	Kim Byron	1982

### JFK CHAMPIONS

1963	James Ebberts, Steve Costion, Rick Miller, Buzz Sawyer	13:10:
1964	James Ebberts, Steve Costion, Wayne Vaughn	12:33:
1965	James Ebberts, Buzz Sawyer, Elton Horst	10:39:
1966	Elton Horst, Buzz Sawyer, Kenny Baker	10:21:
1967	James Ebberts, Wayne Vaughn, Buzz Sawyer	10:03:40
1968	Leo Henry	10:02:12
1969	James Ebberts, Baxter Berryhill	8:32:04
1970	Baxter Berryhill	7:21:25
1971	Elton Horst	6:15:42
1972	Park Barner	6:29:27
1973	Max White	5:55:30
1974	Max White	6:06:19
1975	Angelo Gioiosa	6:27:58
1976	Pat Gill	5:59:28
1977	Ed Ayres	6:04:01
1978	Phil Bishop	6:14:59
1979	Bill Lawder	6:08:54
1980	Dan Brannen	6:14:02
1981	Scott Miller	6:13:56
1982	Mike Spinnler	5:53:05
1983	Mike Spinnler	6:12:12
1984	Jim Pellon	6:18:56

### JFK WOMEN'S CHAMPIONS

1968	Donna Aycoth	10:41:15
1969	Donna Aycoth	9:27:31
1970	Donna Aycoth	9:45:15
1971	Donna Aycoth	9:29:48
1972	Donna Aycoth	9:48:30
1973	Donna Aycoth	8:26:07
1974	Nancy Keplinger	13:48:05
1975	Martha Hauver	10:27:26
1976	Sue Shepherd	9:35:10
1977	Sue Medaglia	8:19:07
1978	Sue Medaglia	7:53:37
1979	Sue Medaglia	7:41:13
1980	Sue Medaglia	7:53:40
1981	Sue Medaglia	8:10:38
1982	Carole Williams	7:28:39
1983	Teri Gerber	6:56:12
1984	Teri Gerber	6:50:56

THE JFK-50 ALL-TIME TOP 25

1.	Mike Spinnler	5:53:05	1982
2.	Max White	5:55:30	1973
3.	Paul Jost	5:59:12	1982
4.	Pat Gill	5:59:28	1976
5.	Bill Lawder	6:03:51	1982
6.	Ed Ayres	6:04:01	1977
7.	Rick Warren	6:12:20	1973
8.	Scott Miller	6:13:56	1981
9.	Dan Brannen	6:14:02	1980
10.	Phil Bishop	6:14:59	1978
11.	Elton Horst	6:15:42	1971
12.	Karsten Schulz	6:16:25	1977
13.	Bruce Nystrom	6:17:44	1979
14.	Jim Pellon	6:18:56	1984
15.	Neil Weygandt	6:20:20	1982
16.	Don Marvel	6:22:04	1981
17.	John Hess	6:22:28	1979
18.	Kerry Green	6:22:30	1977
19.	Park Barner	6:23:53	1973
20.	Tom Kirk	6:26:48	1977
21.	Angelo Gioiosa	6:27:58	1975
22.	Dave "Benny" Benford	6:28:06	1981
23.	George Stewart	6:28:58	1974
24.	Peter Monahan	6:28:59	1977
25.	David Horton	6:30:02	1984

THE JFK-50 WOMEN'S ALL-TIME TOP 25

1.	Teri Gerber	6:50:56	1984
2.	Carole Williams	7:28:39	1982
3.	Mary Hanudel	7:40:36	1983
4.	Sue Medaglia	7:41:13	1979
5.	Pat O'Brien	7:47:34	1984
6.	Carolyn Showalter	7:56:27	1984
7.	Margarete Deckert	8:11:29	1982
8.	Mitzi Henscheid	8:19:56	1982
9.	Donna Aycoth	8:26:07	1973
10.	Deborah Richey	8:41:57	1980
11.	Louise Dooley	8:46:43	1983
12.	Tracy Herndon	9:00:20	1983
13.	Sandra Folzer	9:01:20	1979
14.	Marlys Palmer	9:09:30	1983
15.	Bobbie Allen	9:10:22	1979
16.	Kathy Nester	9:18:48	1979
17.	Susie Vaughan	9:20:00	1981
18.	Samara Balfour	9:24:12	1979
19.	Liz Bender	9:33:42	1984
20.	Sue Shepherd	9:35:10	1976
21.	Ruth Hamilton	9:47:27	1976
22.	Valerie Hardin	9:49:58	1973
23.	Jo Wells	9:52:20	1984
24.	Cindy Steffen	9:56:15	1979
25.	Mariah Skinner	9:58:35	1977

"750 MILE" CLUB

(3 Members)

<u>MEMBER</u>	<u>JFK's COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Mike Adams	16	65-69-71-72-73-74-75-76-77-78-79-80-81-82-83-84	6:42:34(79)
Kim Byron	16	68-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83	9:13:44(82)
Cal Mahaney	15	70-71-72-73-74-75-76-77-78-79-80-81-82-83-84	9:24:35(82)

"500 MILE" CLUB

(20 Members)

<u>MEMBER</u>	<u>JFK's COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Carl Cornett	13	72-73-74-75-76-77-78-79-80-81-82-83-84	8:35:49(78)
Joe Baummer	12	73-74-75-76-77-78-79-80-81-82-83-84	9:15:20(80)
Jim Lewis	12	72-73-74-75-76-77-78-79-81-82-83-84	11:08:35(77)
Fred Wandel	12	72-73-74-75-76-77-78-79-80-81-82-83	11:32:03(76)
Ernie West	12	72-74-75-76-77-78-79-80-81-82-83-84	10:11:13(78)
Bob Henscheid	11	74-75-76-77-78-79-80-81-82-83-84	8:02:47(80)
Randy Howard	11	74-75-76-77-78-79-80-81-82-83-84	8:33:45(78)
Paul Keplinger	11	73-75-76-77-78-79-80-81-82-83-84	10:37:25(80)
Paul Lewis	11	73-74-75-76-77-78-79-80-81-82-83	11:26:32(79)
Clater Smith	11	69-71-72-73-75-76-77-78-79-82-83	10:35:10(76)
Don West	11	74-75-76-77-78-79-80-81-82-83-84	12:58:47(75)
Woody Hawkins	10	73-74-75-76-77-78-79-80-82-83	10:40:45(75)
Leo Henry	10	67-68-69-73-74-75-76-77-78-79	8:00:36(73)
Shane Hutton	10	69-70-71-72-73-74-78-79-80-83	10:13:10(71)
Bill Law	10	72-73-74-75-76-78-79-81-82-83	8:40:13(82)
Ling Louie	10	70-71-73-74-75-76-77-78-79-80	12:29:17(75)
Everett Marsh	10	75-76-77-78-79-80-81-82-83-84	12:29:16(81)
Si Reddick	10	69-70-71-72-73-74-75-76-77-78	8:38:12(74)
Fred Schumacher	10	74-75-76-77-78-80-81-82-83-84	9:57:14(84)
Lowell Showalter	10	75-76-77-78-79-80-81-82-83-84	8:05:39(79)

"250 MILE" CLUB

(150 Members)

<u>MEMBER</u>	<u>JFK's COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Jon Acton, II	9	75-76-78-79-80-81-82-83-84	8:56:59(83)
Sidney Allen	9	75-76-77-78-79-80-82-83-84	10:46:45(82)
Frank Boyer	9	75-76-77-78-79-81-82-83-84	9:35:19(79)
James Ebberts	9	63-64-65-67-69-73-76-77-78	7:06:41(77)
Denny Evans	9	73-77-78-79-80-81-82-83-84	9:17:02(79)
Dave Frye	9	71-72-73-74-75-76-77-78-79	7:34:28(79)
Eddie Glenn	9	69-70-71-73-74-76-78-81-84	10:13:15(73)
Don Heimiller	9	73-75-76-77-78-81-82-83-84	7:52:52(78)
Glenn Hightower	9	75-76-77-79-80-81-82-83-84	8:33:06(82)
Bob Lemmermann	9	73-77-78-79-80-81-82-83-84	13:33:23(82)
Byron McNelly	9	75-77-78-79-80-81-82-83-84	9:53:52(77)
Don McNelly	9	75-76-77-78-79-80-82-83-84	10:49:12(82)
Harvey Reisenweber	9	75-76-77-78-79-81-82-83-84	8:52:34(81)
Frank Schaeffer	9	75-77-78-79-80-81-82-83-84	8:40:03(83)

"250 MILE" CLUB

<u>MEMBER</u>	<u>JFK's COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
David Balfour	5	79-81-82-83-84	8:09:21(81)
Park Barner	5	72-73-74-75-76	6:23:53(73)
Dave Bergman	5	71-72-73-74-77	9:11:34(72)
Phil Bishop	5	77-78-79-81-82	6:14:59(78)
Mike Burke	5	73-74-75-76-80	9:18:47(80)
Bruce Burnside	5	71-72-73-75-76	10:44:15(73)
Rick Busch	5	70-71-73-75-76	10:24:07(75)
Paul Butchko	5	74-75-76-77-81	7:20:44(77)
Tim Caldwell	5	79-80-81-82-83	11:33:06(83)
Larry Campbell	5	73-77-78-79-80	13:11:03(77)
Art Carey	5	71-72-73-74-76	9:04:20(71)
Norm Christensen	5	73-75-76-77-78	9:21:52(77)
Edward Foley	5	78-79-81-82-83	6:31:36(82)
Howell Griswold	5	73-74-75-76-77	12:43:56(77)
Joe Hall	5	75-76-82-83-84	9:56:19(84)
George Harrington	5	80-81-82-83-84	10:45:46(81)
Gary Hastings	5	80-81-82-83-84	7:26:16(82)
Martha Hauver	5	69-71-72-73-75	10:27:26(75)
Eddie Hayden	5	75-76-77-78-79	7:31:23(77)
Robert Hickey	5	80-81-82-83-84	12:48:04(84)
John S. Hoover	5	76-78-79-80-81	9:36:09(81)
Forden Hughes	5	71-72-73-75-76	11:21:17(76)
Brock Hutton	5	70-71-72-73-83	10:13:21(72)
John Kendall	5	75-76-78-81-82	7:24:57(75)
Nancy Keplinger	5	73-74-75-77-78	11:48:20(75)
Dave Knobe	5	70-71-75-76-77	8:56:43(77)
Gil Martin	5	71-72-73-74-75	9:04:34(75)
Wes Mathews	5	74-75-76-77-80	9:12:53(77)
Barbara Matthai	5	72-73-75-76-77	10:33:21(77)
Suzuko Medaglia	5	77-78-79-80-81	7:41:13(79)
Jim Moe	5	73-74-79-83-84	9:26:41(83)
Peter Monahan	5	75-76-77-79-84	6:28:59(77)
Jim Mortenson	5	74-75-76-77-78	8:13:34(77)
Don Muffley	5	72-73-74-75-76	7:32:37(76)
Kevin Murray	5	75-76-78-79-80	9:52:42(79)
James Myerjack	5	79-80-81-83-84	9:21:35(81)
Gary Naugle	5	71-72-73-74-75	7:40:48(75)
John Newdorp	5	76-77-78-79-80	10:33:38(77)
Andy Niebel	5	79-80-81-82-84	11:26:10(82)
Bruce Nystrom	5	75-76-77-78-79	6:17:44(79)
Ray Olfky	5	78-79-81-82-84	7:40:01(82)
Mark Parkhurst	5	77-78-81-82-83	8:33:26(82)
Galen Pryor	5	69-70-71-72-73	9:38:44(73)
Dave Rarity, Jr.	5	73-74-76-77-81	9:13:25(77)
Connie Reddick	5	73-75-76-77-78	11:07:16(76)
Eddie Reddick	5	72-73-74-75-76	8:42:36(76)
Ray Rickett	5	72-73-75-76-77	11:44:13(77)
Howard Ridenour	5	70-71-72-73-74	10:09:04(74)
Nick Rosato	5	77-78-79-80-81	9:49:42(80)
Jim Russell	5	77-78-79-81-82	8:45:51(82)
Carl Schneider	5	76-77-78-80-81	9:06:35(81)
Jim Smith	5	76-77-78-80-81	11:28:44(80)
Jerry Snyder	5	75-76-78-79-81	11:52:04(79)
Edson Sower	5	80-81-82-83-84	9:15:01(81)
Nelson Spangler	5	72-73-75-76-77	11:35:57(75)
Joe Spence	5	72-73-75-76-77	9:56:25(73)
Jack Spinnler	5	71-72-73-76-77	12:45:36(72)
Jim Starrs	5	72-73-74-75-76	12:10:33(75)
Michael Taylor	5	76-77-78-79-80	11:11:54(79)
Joe Trask	5	80-81-82-83-84	8:48:17(82)
Brad Vaughn	5	71-72-73-74-75	7:46:54(75)
Don Waddington	5	80-81-82-83-84	8:23:17(82)
John Walter	5	77-81-82-83-84	13:29:13(82)
Hugh Williams	5	69-71-73-75-82	12:19:28(73)
Dick Wilson	5	73-74-75-76-77	10:40:48(75)
Tom Winter, III	5	74-75-76-77-78	9:27:05(78)
Dave Young	5	73-75-76-77-78	9:16:59(75)
Jim Zucco	5	76-77-78-80-81	9:11:50(76)

1985 JFK-50 ENTRIES

(SEEDED)

1	Mike Adams	32	Judy McElheny
2	Joe Baummer	33	Fred Meyerson
3	Mike Boyer	34	Paul Mingo
4	Dick Brainard	35	Peter Monahan
5	Roger Bunn	36	Andrew Oliver
6	Kim Byron	37	Norm Patenaude
7	Mel Gowgill	38	Tim Possert
8	Kathy Curtis	39	David Powell
9	Alan Doss	40	Charlie Powers
10	Jon Eckardt	41	Mike Price
11	Dick Good	42	Mike Robertson
12	Gary Hastings	43	Don Rich
13	Carl Cornett	44	Fred Schumacher
14	Don Heimiller	45	Chris Scott
15	Bob Henscheid	46	Kevin Seidl
16	Mitzi Henscheid	47	Carolyn Showalter
17	Dennis Herr	48	Lowell Showalter
18	Mike High	49	Howie Simpson
19	Pat High	50	Tom Smith
20	David Horton	51	Mike Spinnler
21	Randy Howard	52	Bob Waltenbaugh
22	Bruce Huber	53	Mark Warner
23	Chris Kelk	54	Jo Wells
24	Ken Laverick	55	Don West
25	"El" Levri	56	Carole Williams
26	Jim Lewis		
27	Gordy Lutes		
28	Cal Mahaney		
29	Al Marcy		
30	Everett Marsh		
31	Ted Massa		

1985 JFK-50 ENTRIES

101	Jon Acton II	151	Doug Day	201	Gary Hill
102	Dick Allen	152	Sam Delzoppo	202	David Holland
103	Sidney Allen	153	Bob Detrow	203	Stan Holloway
104	Sam Alspach	154	Frank Dolan	204	Bernie Holt
105	Ben Anderson	155	Ron Dorn	205	Carl "Tobey" Hook
106	John Aronson	156	Ken Doss	206	Bruce Hopkins
107	Alan "Buck" Artz	157	John Egger	207	Scott Horning
108	Pete Artz	158	Dave Erchull	208	Charles "Chip" Horton
109	Georges Auchet	159	Jim Eutsler, Jr.	209	Denny Hosey
110	Fred Baer	160	Denny Evans	210	Brian Hott
111	Guy Bateman	161	Graham Farquharson	211	Charlie Hott
112	Andy Bauroth	162	Attila Fehervari	212	Tony Hurley
113	Grant Baxter	163	Carol Felton	213	Ted Hurley
114	Mike Berg	164	Phil Fenty	214	J. J. Jackson
115	Bob Best	165	Alan Firth	215	Dave Janosko
116	Paul Betker	166	Dan Fitch	216	Glenn Jividen
117	Bill Beydler	167	Sergio Fitch-Watkins	217	Bob Johnson
118	Bill Bickel	168	Don Fix	218	Dorothy Jonas
119	Leon Bierbower	169	Chuck Frame	219	Glenn Kauffmann
120	Tom Blumenfeld	170	Wally Francis	220	Dan Knox
121	Ed Bove'	171	Paul French	221	Stan Krueger
122	Bruce Boyd	172	Peter Frillman	222	Pete Lafley
123	Frank Boyer	173	Louis "Skip" Garczynski	223	Ron Lariviere
124	Dale Brewer	174	Keith Gardiner	224	Joe Lederle
125	Bob Bridges	175	Barbara Garner	225	Ross Leidy
126	Joe Broderick	176	Pat German	226	Bob Lemmermann
127	Joe Bronder	177	Gene Gilbertson	227	Stan Leventhal
128	Bob Burnett	178	John Gilroy	228	John Lewis
129	Bob Cairns	179	Ed Glenn, Jr.	229	Keith Lichucki
130	Jim Caldwell	180	Will Glesener	230	Mark Lieber
131	Conte Cicala	181	Hunter Goin	231	Jim Littig
132	Mike Carrier	182	John Gonzales	232	Brian Long
133	Gene Cassell	183	Dave Grange	233	Rich Lorey
134	Steve Cassell	184	Tom Green	234	Frank Lum
135	John Casteras	185	Bob Greenspun	235	Jim Lynam
136	Ibrohim Clark	186	Jack Groff	236	Sy Mah
137	Roger Clark	187	Gene Gross	237	Earl Main
138	Bob Clay	188	Larry Grossman	238	Peter Manak
139	Larry Clement	189	Diane Haak	239	Norman Marquess
140	Pete Coffin	190	Bill Hannon	240	Don Mars
141	Pat Comer	191	Todd Harbour	241	Kevin Mathias
142	Dave Cooper	192	Mike Hardisky	242	David McCabe
143	Dave Coover	193	Scott Harman	243	Pete McClellan
144	George Cunningham	194	George Harrington	244	Tom McGrath
145	Russ Daubert, Jr.	195	Bill Hartig	245	Byron McNelly
146	John Davalos	196	Keith Harvey	246	Don McNelly
147	Anstr Davidson	197	Tom Hastings	247	Dick McNelly
148	Carl Davis	198	Bill Heim	248	Guy Meilleur
149	Rich Davis	199	Larry Hess	249	Todd Mentzer
150	Roger Davis	200	Bob Hickey	250	Mark Mergler



## 1985 JFK-50 ENTRIES

(Continued)

251	Greg Miller	301	Rusty Smith
252	Art Moore	302	Tim Smith
253	Norm Moyer	303	Jim Smith, Jr.
254	Theresa Mulligan	304	Jerry Snyder
255	Jim Mullin	305	Rob Sollenberger
256	Bill Murray	306	Jack Sparks, Jr.
257	Robert "Bo" Myers	307	Lloyd Storm
258	Andy Niebel	308	Charlie Sullivan
259	Hal Neibel	309	Dave Swain
260	Wayne Niebel	310	Roy Thompson, Jr.
261	Roald Olsen	311	Paul Toney, Jr.
262	C. A. "Rod" Ourada	312	Jean Toth
263	Bill Owen	313	Joe Trask
264	Robert Pastrana	314	Thom Trowbridge
265	Roger Peet	315	Albert "Tree" Tyree
266	Bill Perkins	316	Duane "Dutch" Van Fleet
267	Monica Peters	317	Walter Vannini
268	Ed Poling	318	Don Waddington
269	Andre' Polsinelli	319	Nancy Waddington
270	Cor Potma	320	Jim Wahl
271	Howie Price	321	Joe Walsmith
272	K. J. Quantz	322	John Walter
273	Mike Ralph	323	Sharon Weaver
274	Wayne Ramsay	324	Albert "Skip" Wenk
275	Mike Ranck	325	Thomas "Ty" Whitaker
276	Dave Rarity	326	Janet Whitesell
277	Harv Reisenweber	327	Bill Whitesell
278	Dale Rhoderick	328	Mel Williams
279	Don Richarson	329	Grayson Winterling
280	Todd Rider	330	Harlan Woodward
281	Eric Riser	331	Rodney Yankey
282	Shane Ritchie	332	Doug Young
283	Gary Robertson		
284	Paul Robertson		
285	David "Rocky" Rockwell		
286	Duane Rosenberg		
287	Rod Runacres		
288	Jack Sargent		
289	P. W. Saulsberry		
290	Frank Schaeffel		
291	Pat Schmoller		
292	Earl Scott		
293	Ken Scott		
294	Greg Seidl		
295	Mark Semon		
296	Carl Settlemyer, Jr.		
297	Glen Sidwell		
298	Dennis Simmons		
299	Jim Smith		
300	Lester Smith, Jr.		

1985 JFK-50 ENTRIES --LATE

LATE ENTRIES

333 Jonathan DeHart  
334 Mike Edwards  
335 Lenny Grosh  
336 Randy Herbert  
337 Bill McCloud  
338 Dave Riser  
339 Joe Robeson  
340 Tim Stanley

SEEDED-LATE ENTRIES

57 Marlys Palmer  
58 Greg Shank